

My COVID Experience

During this time having to live through covid, I don't think that it has really changed the kind of person I am. What it has done is made me realise how much I love being with my friends and around people. Most of the time I don't have very many patients when it comes to being around people, I prefer to be by myself most of the time. Even though I am not huge on being with groups of people I still miss it and miss being able to people watch. I also never realised how much I like to be busy. Before all of this my day was always crazy. I would wake up at 5:30am and be at school at 6:45-7:00 am. I would spend all day at school doing work, after school I would meet up with some of my teammates and work on homework and hangout. Then I would have volleyball for two hours starting at 6 and then going home and finishing the last of my homework. That is not on top of the chores that I do. For me this has been a normal day for about 7 year. I was constantly doing things but now my day consists of me being bored and laying around the house. It's been hard to find things that motivate me and I have learned that I don't like that kind of lifestyle. One the other hand, since I have been home so much because of covid I learned to not live life in fear because eventually this will all pass. I have also learned how to motivate myself so that I can keep myself busy. Most of all covid made me realise how grateful I am for everything that I have in my life. I truly believe that there are good lessons that this covid experience has taught us.

