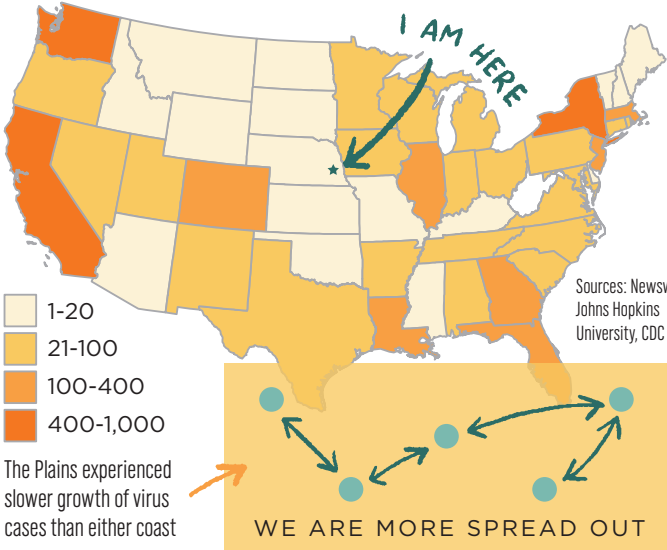


A Personal Pandemic Snapshot

The Great Plains certainly has had a different COVID-19 experience than New York City and other densely populated areas. What follows is an infographical look at my pandemic time in a Great Plains capital city.

CONFIRMED CASES: MARCH 17, 2020



TIMELINE

I've been fortunate to be able to work from home and stay relatively isolated. My daily decisions were based on CDC guidelines and news from the *New York Times*, the WHO, and my local paper.

- 3/13: Art show canceled
- 3/14: Last time inside a restaurant
- 3/16: Last day at the office
- 3/18: 2nd art show canceled
- 3/19: Root canal - Temperature taken with a laser gun
- 4/1: Start wearing a mask
- 3/24: Drop off paperwork at an office - Doors are unlocked for me and relocked behind me
- 4/4: Participate in community mural painting
- 4/11: Socially distant bonfire, one of many to come
- 4/14: Therapy moves to video
- 4/25: Attend BFF's Zoom dissertation defense
- 5/5: Socially distant Cinco de Mayo party
- 5/13: Follow up dentist appointment with dentist in full face shields and parking lot waiting room
- 5/30: Camping trip, the safest vacation activity I can think of

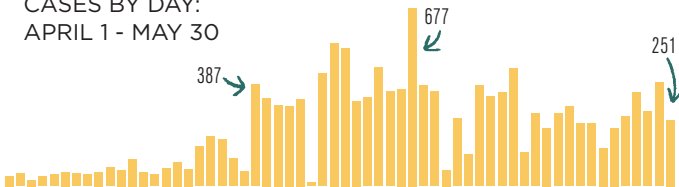
THINGS I DO IN QUARANTINE

Written in my journal, March 24



LANCASTER COUNTY (LINCOLN, NE)

CASES BY DAY:
APRIL 1 - MAY 30



Source: Nebraska Department of Health and Human Services