

CV diary

Saturday 19 March 2020

I went to the walk today. Have missed the last two and the world has changed so much that I wasn't sure anyone was coming. But there were 5 of us, all keeping our distance. Three did not come because they are self isolating or fearful of having coffee with us ??

A lot of the discussion as we walked about the past two weeks - the virus , restrictions, shopping, toilet rolls, family situations, what is going to happen... G has just come out of two weeks isolation after her holiday in Egypt. D is under pressure from her daughter to change her life - e.g. Not to walk this morning. But she came. We all need the exercise and I/we need to see my friends.

When we got to the coffee shop we were able to snag two tables outside. But that wasn't enough for M who moved her seat even further away. Each to their own. But hard not to feel the inherent rejection. G shared her hand sanitizer.

During the walk I got a phone call from a friend, cancelling our plans for a film tomorrow. She was amazed that I was outside walking with friends and had stopped for a coffee. Said she

and her husband have been in isolation since last Sunday. Cautioned me to do the same.

When I got home I thought about my plans. I will go to church tomorrow (it was confirmed late today that the Diocese has belatedly decided to ban all services from Monday). Should I go to the gym on Monday? They seemed well organised last week. Should I cancel my lunch with Susan on Tuesday? Have not seen her since her mother died, I could not go to the funeral or the wake. And she seems quite distressed and needs support.

On Wednesday I am expected to present at an important Board presentation to Club members. It is being taped and uploaded to our website for those who cannot get to the meeting. Should I cancel everything after that?

LM