## **Living through the COVID-19:**

## **Wednesday 04/22/20:**

I was supposed to work today but managed to find someone to cover me. I simply had too much homework and it was stressful enough to go to work. Honestly, I called my best friend who is the apprentice at Chipotle. Which is a position lower from the general manager of Chipotle. I called her to see if she was free and see if she can help me out with homework. But instead she took it as finding someone to cover me and did find someone to cover me. I didn't want to skip work because I'm worried, I won't make enough to pay off tuition. But I have to admit my top priorities, one of them being school. So, it was ok to miss work and my worries should always be focused on my academics.

Though I already made up my mind about focusing on my academics. My motivation was so low and hard to push past it. I kept telling myself that you need to push harder and you can do it. Yes, can you believe it I have a mental fight with myself. I sat on the same chair for over 12 hours. It could be that yeah, I got up every once in a while, and making sure I'm eating. Because sometimes when I'm unmotivated to do anything it means everything. That includes eating, doing schoolwork, taking a quick shower, etc. But obviously I know I'm better than that. So, I kept taking baby steps. I managed to finish my schoolwork for that day and felt pretty accomplished because with all I was dealing. It was something I should considered a productive day.