Devin Tejada

Basic Writing 1000

Jason Dubow

October 7 2020

Quarantine

COVID 19 has ruined the year 2020, it has killed millions of people and ruined our daily lives. Can you remember life before the pandemic? Life was so different, we had the freedom to walk outside without worrying if we had a mask. We could walk around without worrying about social distancing. I can say the way COVID 19 impacted my life was kind of beneficial to me. It opened my mind to a whole different perspective on my life, it brought me into this different zone of thinking,  COVID 19 changed me into a different person.

I didn't know what to expect from this pandemic, I just knew I needed to take precaution for the safety of not only myself but for the rest of my family. This virus caged me in my house, it locked me in a closed space. I knew it was going to be difficult to just stay home everyday, knowing I can't go out anymore to see family or friends. I just knew that this wasn't gonna go away in a month or two, this is a pandemic and I had to prepare myself for this type of lifestyle.

I wanted to take this time to figure things out for myself. I spent most of my days in my room, I would go upstairs and see my parents once a day. At times I felt so isolated, I thought I was the only person left on earth. I stopped using social media, I stopped communicating with my friends, and I didn't really associate myself with anyone else. With all this time to myself, it made me want to be on my own. I got more and more comfortable with this mindset everyday, this new phase of my life just didn't seem to bother me. I felt that my new trait of being independent was best for me. With college around the corner I knew that I was gonna be on my own soon so I figured that it would be best if I just go through this phase now then just wait for when that time comes.

During the summer I was able to go out again and see family and friends. After seeing my friends and family for the first time in months, I began to realize how important social interaction is to me. While quarantine has hindered me as a person in many ways, it has also

taught me a plethora of things about myself. Spending so much time alone brought me a positive mindset, making me believe that everything was gonna be alright.