

12:49 pm

Sunday, March 22, 2020

Today, I'm having a bad day. I'm extremely overwhelmed for some reason. I'm uncomfortable. I slept till about 20 mins ago. I need to shower and eat. I'm not hungry. My place is a mess. I'm lonely. I don't want to do all this school work, which I find just extremely pointless. I'm worried about my future appointments because of this stupid Corona virus. They might be closing down everything like they did in New York and Jersey. This world is falling apart and I can't seem to keep a calm head. Tyler is just not around for me the way I want and I can't keep leading myself on with ideas that eventually it's going to work. It's this feeling of wanting to go home, but not being able to because I couldn't spend that much time with Cindy and my dad.

Overwhelmed - the word to describe me rn.

Talk later,
Sophia