Testing and School from Home

I have been in online school for over 2 months now, it is strange and a huge adjustment. It has been a huge challenge mentally. To go from seeing people and your teachers to seeing them through tiny squares on a screen, those screens often lagging or glitching to keep you from being able to hear them. Which is causing flaws in our learning since we can not fully hear our teachers or fellow classmates. But worst of all is feeling alone since during these times are teachers are not checking up on us to see if we understand the work or to see if we are all OK. We had AP tests a few weeks ago, these were odd and felt like college board was doing it just so they didn't have to refund every student, it was weird not having the same AP day jitters you would usually get. I feel like students are getting almost more work now that they are home and are getting assignments on the weekends for multiple classes which is causing them to feel like there is school 24/7 and it is mentally draining and feels like we have no time to relax in this stressful and anxious time.