

my covid experience

My covid experience this year is probably a lot like others. I've lost family members to this pandemic my close friends lost loved ones as well. There are a plethora of people I know who have lost their jobs, gained severe diagnosis of anxiety and also depression. Being stuck in the house for all those months with family was a very strenuous task and it was also very debilitating as well. While the covid outbreak started my family and I were sent into a frenzy mentally and physically. My mother lost her job due to the pandemic and I had to pick up more hours at work and do other side jobs to somewhat help with the expenses as well also during this pandemic i was also in school. Attending Brooklyn College during the pandemic was a very difficult thing to do especially due to the fact that we had transitioned to online learning, something I or my teachers haven't really done in some time. The social distance learning that was implemented was a very difficult concept to grasp because one day we go from attending class everyday to the bombardment of information being thrown at us and us as students expected to keep up and also the teachers having to make sure they kept up with the requirements. School, going to work and worrying about the well being of others and myself put me into a state of worry at all times sort've giving me mild ptsd. I hope that this time next year this covid situation will be gone and we can go back to living the way we were.

Brooklyn College Student