A Year I Will Never Forget

2020 started off a great year for me, I was so excited to turn 21 and envisioned this amazing year where I would travel, meet new people, etc. However quickly that dream ended, working in a pharmacy I was always on edge about the virus especially when the cases were spiking which caused this worry inside my family and I. I worried about my two immunocompromised parents mostly, what would happen to them if they got sick? Would I be the reason they did so? Would I bring home something from the pharmacy? Fortunately my family is safe and healthy but I wasn't, what I assumed was just a cold turned out to be one of the worst experiences of my life. I couldn't believe I had COVID-19, I was taking all precautions and yet it was inevitable thought I will never forget this birthday; celebrating turning 21 with COVID and eating ice cream cake in my pajamas. I was grateful I ended up recovering but it was devastating when I would hear almost weekly someone I knew had passed away whether it be a friend, patient, a familiar face. Sometimes I can't wrap my head around all of this happening, we have been in quarantine for over six months and it seems like there will be no end to this either. I want to remain optimistic and look forward to things but it so hard to when everything seems almost draining. The small things that once brought us to ease seems to be so far away now.

Junior undergrad majoring in Health & Nutritional Sciences with a concentration in Public Health